

HEALTH, BEAUTY & FITNESS

() kin deep with Samantha Altea

Time's a Ticking

It's days before Christmas and all through the house, not a creature is stirring, not even a mouse...

Unless you still have a list of Christmas gifts to buy and inspiration's taken a hike, that is. In that case, the only sound heard in your house is the sound of your brain whirring at 90 miles an hour in sheer panic. Some ranting and raving may also be part of this process, along with the occasional teary outburst. Any daring field mouse that may venture into your domain would surely be stomped upon in quick measure, while you pace the place trying to figure out what to get great aunt Doreen, or your sister's brother-in-law's sister who has nowhere to go this year and was thus somehow invited to your house to spend the holidays. And that reminds you...did you get the stuffing with the pecans in it and is the mistletoe strategically hung, but not too prominently so that leering Uncle Bob will notice it? You're in a

running out of time...fast. Okay, help's at hand. First, stop for a moment, breathe and take ten. Then read on for some great last minute holiday gift ideas for one and all... and you can get every one of them in time for Christmas.

panic, a flap, stuck for ideas - need inspiration, and

Here's my health and beauty holiday gift list, and yes, I've checked it twice.

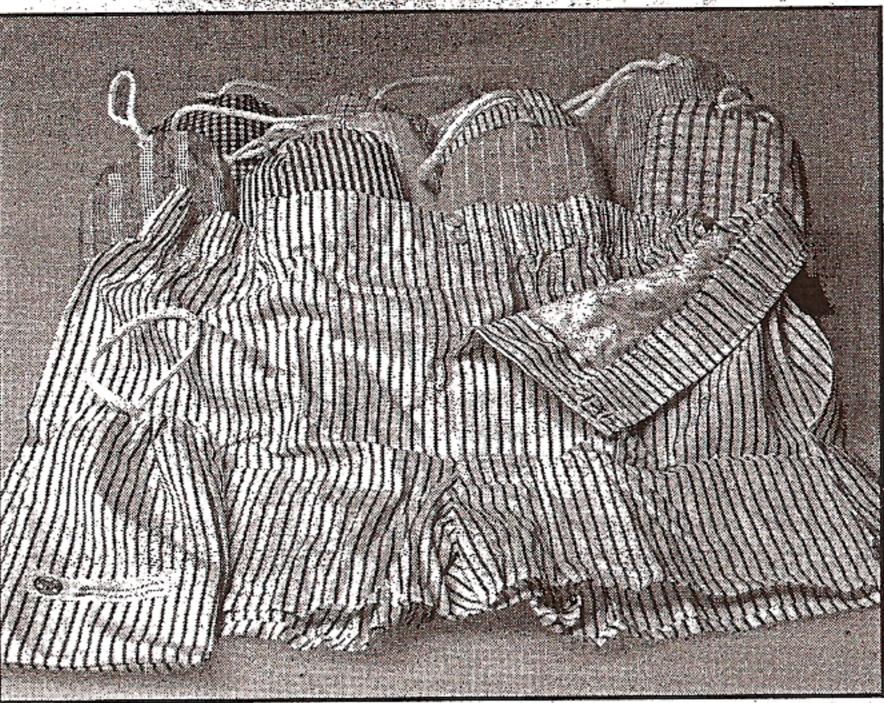
For Him:

Sharps, Barber And Shop Covert Carry-On \$79

This cutting edge, cool, double-agent kit contains a guy's wet and dry supplies and more. Contents include Shave (Kid Glove): Shave Gel; Hydrating Gel Hair (Mission: Control): Conditioning Shampoo; Hard Hold Guck-in-a-Puck Body (Happy Me): All Over Wash; Pit Guard (deodorant). They can all be stored in the hip canvas bag with two sections for wet and dry products. Available online at \www.sharpsusa.com or at Second Nature in East and Southhampton.

Duca Sartoria - for the man who has everything...Custom tailored boxer shorts and even suits, \$155 and up.

Duca Sartoria have been custom tailors for over 50 years, catering to the crème de la crème of European society as well as Hollywood. Max Girombelli and his brother, whose family produced lines for such distinguished houses as Genny, Byblos and Versace, run Duca Sartoria. The innovative concept? These master



Duca Sartoria Boxers

tailors actually make house visits, performing fittings in the luxury of your own home! How divine is that? Custom boxer shorts are \$155, but due to the price point and depending on location, may require you to be fitted in NYC. For most other items, though, Duca Sartoria will come to you. A pair of boxers require just one fitting, says Max Girombelli, and comes in a range of fabrics and colors, and includes monogramming, as well as a matching drawstring bag to store them in. For the man who has everything, custom tailored underwear? It's a one-of-akind gift. Interested, but worried about the time line...? Max assures me that he would supply any gift givers with a gift voucher in time for Christmas...

For more info contact Duca Sartoria, Max Girombelli, Madison Avenue at 212-582-3225

Billy Jealousy...

For the man who likes to be ahead of the curve, this brand new men's skin care line is true to it's name, making every other men's product line green with envy. It's the hip hit of the cosmetic market for men and sure to be a winner with yours. The unusual packaging makes a classy and fun gift. Billy Jealousy have products for a man's face,, and hair with even Sun & Shave products, and all the products work well together, so you can custom tailor a gift basket for your own man by browsing their website. Billy Jealousy offers next day delivery, too, so don't be jealous of others who've finished their Christmas shopping. Instead go to http://www.billyjealousy.com and finish yours.

ê Shave

Don't forget about the spectacular ê Shave products (mentioned in last Skin Deep). They're the perfect gift idea. Get your man a stunning brush, razor and stand set from ê Shave, found at Elegant John in East Hampton, or at www.eshave.com

For Her:

Curious, Britney Spears™ Holiday Set (new)

This is the perfect gift for a younger gal and includes perfume, body whipped soufflé and shower gel, \$46. Or similarly, try Dessert (new), \$45, Jessica Simpson's own perfume, with notes of Tahitian vanilla, white chocolate, coconut cream, and honey. Any teen or twenty-something will smell as sweet as can be in these fragrances. Both can be found at most department stores. Try www.macys.com

L'Occitane \$35 Shea Travel Treasures Set (\$53 Value)

This is a great gift for one and all, perfect for any lady who you think might need a little pampering on the go. Get it at www.sephora.com The set consists of Shine Enhancing Shampoo, Conditioner, Shower Cream, Body Lotion, 100% Pure Shea Butter, Milk Soap, Lavender Soap, and a Shea Butter Hand Cream, Perfect for travelers young and

The Emily Flap Leather bag \$310

This stunning bag, with silver ring accents on its flap closure, will make any lovely lady look chic and sophisticated. Large enough to carry anything she could possibly want or need, but far more stylish than a tote, this buttery leather, must-have bag comes in red, beige, black, brown and eggplant. Snag this perfect gift at Calypso Beach in East Hampton...Mine's the red one, please!

Tarte Crystal Ball Lip Balm Trio \$36

How many times have you given holiday ornaments as gifts? This year give it a girlie twist and wrap up this beautiful ornament stuffed with delectable festive flavored lip balms. Including Candy Cane, Sugar Cookie and Egg Nog. www.sephora.com

SkinnyPants

Every girl has her skinny pants, the ones she wears when she's feeling sexy and slim. Those pants are usually stuffed in the back of her closet waiting for the rare occasion when that day should come. But this holiday season, that day has come; and all the days after, for that matter SkinnyPants are a new must have item for any woman's closet and one that will make her feel great all holiday season long. Thanks to the high tech engineering of new SkinnyPants we can all have a great pair of basic black pants that work like a girdle, but look soooo much better. The pants come in two designs, Katwalk's the boot cut look for day or night and K-Two's, for working out and hanging out. Both designs are classic looks that everyone wears, but these are pants you'll never want to take off. They tone, slim, and lift in all the right places. What better gift than giving someone you care about a coveted pair of skinny pants. Eat/all you like this holiday season and still feel slim. Now that's a gift. Get Skinny pants at www.skinnypants.com or 1-866-9-HOTFIT

Happy Shopping and happy holidays to all my readers...speak to you next year.

MARRIAGE COUNSELING

DIVORCE PREVENTION RELATIONSHIP PROBLEMS COUPLE COUNSELING **SINCE 1972**

DRS. EVELYN & PAUL MOSCHETTA Contributing Editors Ladies Home Journal "Can This Marriage Be Saved?" Authors of THE MARRIAGE SPIRIT (Simon & Schuster)

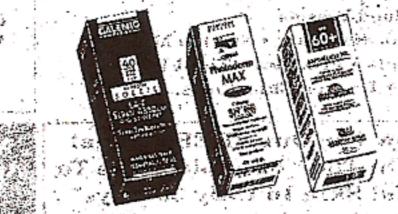
(631) 324-6364 (212) 319-1808

EAST HAMPTON MANHATTAN

HUNTINGTON (631) 673-7959

www.marriagespirit.com

CAMBRIDGE CHEMISTS "Parlez-vous" Sunscreen? Galenic • Photoderm • Anthelios



The best sunscreens from France are now available at Cambridge Chemists.

Kerastase - full range now in stock. 21 East 65th St., New York 212-734-5678 F: 744-2288

Call 800-241-1557 for free European Specialty Catalog